

**ABSTRACT**

[0030] An embodiment of a message kit comprises a first correspondence medium for receiving a personal message, an envelope configured to enclose the first correspondence medium, a second correspondence medium for receiving information associated with an intended recipient of the personal message, and a first directive for notifying a fiduciary of the intent of the author of the personal message to have a holding party in possession of the completed first correspondence medium and send the combination of the completed first correspondence medium and the envelope in accordance with a preferred receipt date communicated via the second correspondence medium. The holding party retains the completed first correspondence medium and the envelope until after the occurrence of an author identified triggering event.